

I have 422 friends. Yet I am lonely.
I speak to all of them every day, yet none of them really know me.

The problem I have sits in the spaces between
looking into their eyes, or at a name on a _____.

I took a step back and opened my eyes,
I looked around and realised
this media we call "social" is anything but
when we open our computers and it is our doors we _____.

All this technology we have, it is just an illusion
Community, companionship; a sense of inclusion.
Yet when you step away from this device of delusion,
you awaken to see the world of _____.

A world where we are slaves to the technology we mastered,
Where information gets sold by some rich greedy bastard.

A world of self-interest, self-image, self-promotion
where we all show our best bits, but leave out the emotion.

We are at our most happy with an experience we _____,
but is it the same if no one is there?

Be there for your friends, and they will be there too.
But no one will be, if a group message will do.

We edit and exaggerate; crave adulation.
We pretend not to notice the social isolation.
We put our words into order until our lives are glistening.
We don't even know if anyone is _____.

Being alone isn't a problem, let me just emphasize.
If you read a book, paint a picture, or do some _____
you are being productive and present, not reserved and reclusive.
You are being awake and attentive and putting your time to good use.

So when you are in public and starts to feel alone,
put your hands behind your head, step away from the _____.
You don't need to stare at your menu or at your contact list.
Just talk to one another, learn to coexist.

I cannot stand to hear the silence of a busy commuter train
where no one wants to talk for the fear of looking _____.

We are becoming unsocial. It no longer satisfies
to engage with one another and to look into someone's eyes.

We are surrounded by children who since they were born
have watched us living like robots and think it is the norm.
It is not very likely you will make world's greatest dad
if you can't entertain a child without using an _____.

When I was a child I would never be home
Be out with my friends on our bikes we would roam.
I would wear holes in my trainers, and graze up my _____,
We would build our own clubhouse high up in the trees.

Now the park is so quiet it gives me a chill

**1. Fill in the blanks with
this vocabulary:**

confusion

exercise

insane

iPad

knees

listening

phone

screen

share

shut

**2. One word on this page
is British English. It
means "sneakers".
Which word is it?**

I see no children outside and the swing is hanging still.

There is no skipping, no hopscotch, no church and no steeple.
We are a generation of idiots; smart phones and dumb people.

So look up from your phone, shut down the display
Take in your surroundings, and make the most of _____.
Just one real connection is all it can take
to show you the difference that being "there" can make.

Be "there" in the moment that she gives you the look
that you remember forever as when love _____.

The time she first held your hand or first kissed your lips
The time you first disagreed, but still loved her to bits.
The time you don't have to tell hundreds of what you have just done
because you want to share this moment with just this one.

The time you sell your computer so you can buy a ring
for the girl of your dreams, who is now the real _____.
The time you want to start a family and the moment when
you first hold your little girl and get to fall in love again.

The time she keeps you up at nights and all you want is _____
and the time you wipe away the tears as your baby leaves the nest.
The time your baby girl returns with a boy for you to hold
And the time he calls you Granddad, and makes you feel real old.

The time you take in all you have made just by giving life attention
and how you are glad you didn't waste it, by looking down at some _____.

The time you hold your wife's hand, sit down beside her bed.
You tell her that you love her, lay a kiss upon her head.

She then whispers to you quietly, as her heart gives a final _____
That she is lucky she got stopped, by that lost boy in the street.

But none of these times ever happened. You never had any of this.
When you are too busy looking down you don't see the chances you _____.

So look up from your phone, shut down those displays.
We have a finite existence; a set number of days.
Don't waste your life being caught in the net;
as when the end comes nothing is worse than _____.

I am guilty too of being part of this machine
This digital world, where we are heard and not seen.

We type as we talk, and we read as we chat.
We spend hours together without making eye _____.
So don't give into a life where you follow the hype
Give people your love. Don't give them your "like".
Disconnect from the need to be heard and _____
Go out into the world, leave distractions behind.

Look up from your phone, shut down that display.
Stop watching this video, and live life the real way.

**1. Fill in the blanks with
this vocabulary:**

beat

contact

defined

invention

miss

overtook

regret

rest

thing

today

**2. Finish the phrase
with vocabulary from
the script:**

take in _____

fall in _____

Look Up

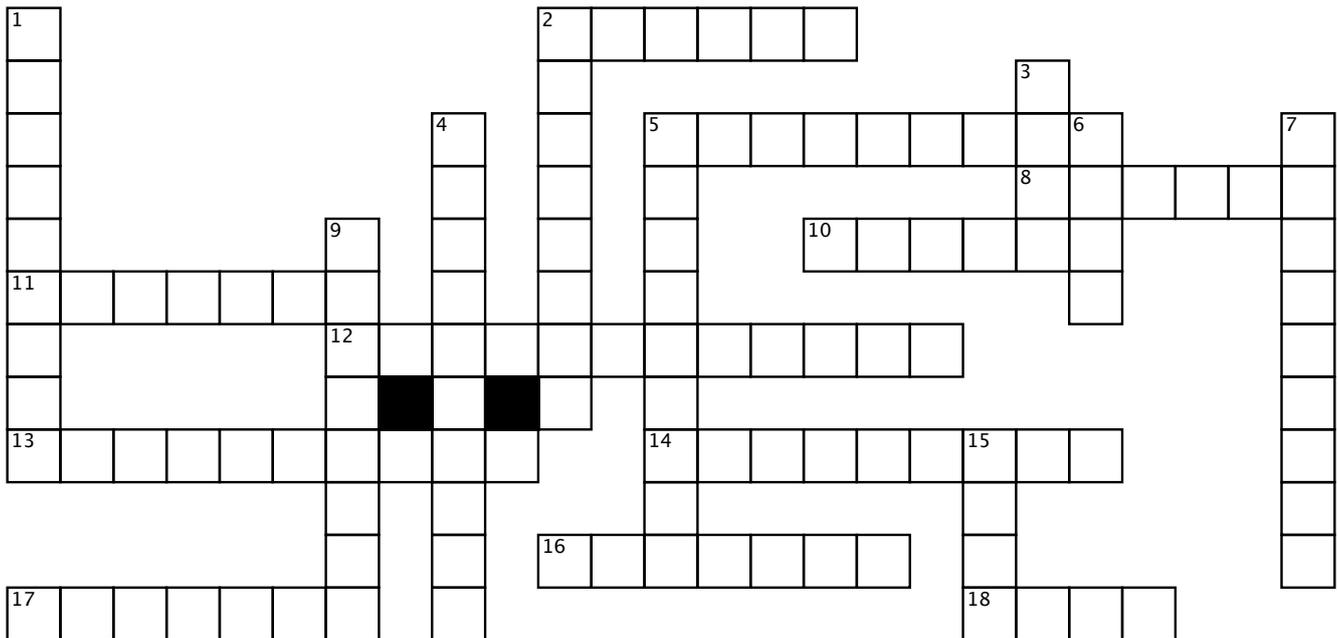
Before watching

Contractions are more common in spoken English than in written English. Read the script and circle the words that you think may be contracted when the speaker recites the script.

After watching

Finish the puzzle using words from the script.

Puzzle



Across

2. crazy
5. The noun form of "isolate"
8. 後悔
10. "She was the girl of my ____."
11. a word that rhymes with "people"
12. the things (and scenes) around you
13. 誇張する
14. The noun form of "include"
16. When giving a presentation, you should try to make eye ____ with your audience.
17. a bad word in English - you shouldn't call someone this
18. the opposite of smart

Down

1. 強調する
2. something that isn't real
3. The noun form of "normal": the ____
4. 世代
5. 発明品
6. In English, when a young adult moves out from their parents' house, we call that "leaving the ____".
7. adjective form of "attention"
9. a word that sometimes means "shy"
15. a technological device often used by teachers and students

Discussion

1. What cell phone features do you use the most?
2. Do you ever use your cell phone while walking outside?
3. Have you ever bumped into someone or had an accident while looking at your cell phone?
4. Which places do you think are acceptable to send a text message? Which are unacceptable?

on a train
in an English lesson
watching a movie at the theater
in a coffee shop
walking on a quiet street

at a wedding
at a large university lecture
sitting at a dinner table with friends
walking on a busy street
while driving a car

Acceptable	I'm not sure	Non-acceptable

Extra listening exercise:

Read the script again and circle all of the places you think a contraction will be used while speaking.
(ex: Line 1: *I am* → *I'm*)