

Language Focus

1. Use this vocabulary to complete the conversation.

**smoke**      **exhausted**      **cut down on**      **hangover**      **exercise**

<p><b>Doctor:</b> So, what's the problem?</p> <p><b>Patient:</b> Well, recently I always feel _____ . I <u>never</u> have any energy!</p> <p><b>Doctor:</b> Hmm. How often do you _____ ?</p> <p><b>Patient:</b> Rarely. I just don't have much free time.</p> <p><b>Doctor:</b> You really should try to exercise once or twice a week. Do you ever _____ or drink?</p> <p><b>Patient:</b> I don't smoke, but I sometimes drink.</p> <p><b>Doctor:</b> How often is "sometimes"?</p>	<p><b>Patient:</b> Three or four times a week.</p> <p><b>Doctor:</b> Wow! That's a lot. How much do you drink?</p> <p><b>Patient:</b> I usually have five or six beers, but occasionally I have so many beers I forget how many I've drank.</p> <p><b>Doctor:</b> Really? Do you ever have a _____ ?</p> <p><b>Patient:</b> I seldom have a hangover on weekdays, but I almost always have a hangover on Sunday morning.</p> <p><b>Doctor:</b> You really need to _____ your drinking!</p>
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2. What words can you find that describe *how often* something happens? Circle them - the first one has been done for you.

Your Space

Language Focus

1. Use these frequency words to finish the chart.

sometimes almost never rarely occasionally seldom often  
almost always hardly ever usually

**Other frequency expressions**  
What do these mean?  
\_\_\_\_\_

once in a blue moon  
once in a while  
every now and then

Always 100% of the time

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Never 0% of the time

2. We can also use this language to talk about how often something happens:

Once...	a day		two weeks
Twice...	a week	once every...	three months
Three times...	a month		four years
Four times...	a year		

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**Group Discussion**

Ask your classmates these questions. Don't forget to conjugate your verbs and ask follow up questions!

<b>How often do you...</b>	<b>Student #1</b> _____	<b>Student #2</b> _____	<b>Student #3</b> _____
get sick?			
have a nightmare?			
do laundry?			
ride a roller coaster?			
fall in love?			
go fishing?			
buy someone a present?			
talk to your English teacher?			
feel embarrassed?			
go drinking?			
play a musical instrument?			
<i>your idea</i>			
<i>your idea</i>			
<i>your idea</i>			

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Cut out the flashcards for extra speaking practice using *How often do you...*

<b>have a nightmare</b>	<b>use a hairdryer</b>	<b>go skiing or snowboarding</b>
<b>buy your teacher a present</b>	<b>exercise</b>	<b>study English</b>
<b>clean your room</b>	<b>kiss a dog</b>	<b>eat at McDonald's or Burger King</b>
<b>go to Odaiba</b>	<b>see a movie at the theater</b>	<b>take a taxi</b>
<b>argue with a friend</b>	<b>fall to sleep on the train</b>	<b>listen to punk music</b>
<b>get angry</b>	<b>accidentally injure yourself</b>	<b>read comics</b>
<b>cook</b>	<b>go abroad</b>	<b>practice speaking English</b>
<b>get sick</b>	<b>write an English email</b>	<b>drink green tea</b>

Your Space